

Care Communications

*A quarterly publication for our residents
and their families, our employees, volunteers,
friends and contributors*



Springtime at Cross Road

Springtime at Cross Road is always a happy time of the year! The world starts to change right before our eyes as the flowers bloom, the trees turn green and baby ducks appear on the pond. Our spirits lift and our mood feels lighter as the weather turns warm and we smell the aroma of fresh mowed grass.

These things remind us to show appreciation to our Maintenance and Grounds crew who keep everything looking so attractive and clean. Mowing this place is a big job!! Planting flowers, putting out mulch and pine straw is also a big job! So, be sure to say "Thank you" when you see one of them out working around the community!

Also, seeing our beloved "Cross" water feature working again (just in time for Easter) is a blessing! The sight and sound of this fountain is very peaceful and relaxing for all who live near or visit the pond area. We are grateful to the Maintenance guys for purchasing a new pump and getting it working again. Blessings are all around us...enjoy them all this Spring!

The earth is the LORD's and the fullness thereof. Psalm 24:1

❄️ **So long Winter...**

Welcome Spring! ☀️



COVID-19 Update

The COVID-19 situation continues to improve for Cross Road Retirement Community. We are now able to welcome visitors in to see residents when an appointment is made ahead of time. Those residents who have had their vaccine shots are able to have visitors in their room. Anyone who has not had the vaccine is able to see their guest in a Visitation Station. Guest are asked to wear a mask, have their temperature checked and fill-out a questionnaire before the visit begins.

We have also started accepting new residents in both the Assisted Living and the Memory Care. It is exciting to see new faces and to be able to open our doors and welcome new residents in again. God is good and He has brought us a long way on this journey. We will continue to put our trust in Him as we move forward in our fight against this pandemic.

Changes and New Beginnings

The start to this year has been the biggest change for me in a long time. I think we all have changes that have come our way. We usually push back on change when it comes. For the past year I feel like it is a continuous change and a continuous push going on. The changes that have occurred in the past year have been some that were unimaginable. I was working in our Memory Care last year and got to see the world change from the inside and I do mean we had to stay inside. Many of the changes were hard to accept and sometimes we need to understand why a change is made, to better accept it. That is where the push comes from.

One change that I made was coming to work here at Cross Road as Administrator. It wasn't a change that I pushed back on, but it wasn't one I saw coming a few years ago. I am settling in and beginning to adjust to this change. I have learned that you need to push forward and understand that change is for the best, sometimes. We need to find something else to push for instead of pushing against what we see as a change to our normal. Adjusting to the new normal, as it is called, is not easy when it affects you personally.

The first three months of this year we had other changes here at Cross Road. Some of these changes, we will continue to have and some I hope we can do away with at the right time. We had a rather mild winter and I felt like we were holding our breath waiting for spring to get here. It is time for spring to show itself and I am pushing for that! Cross Road Retirement Community has a way of pushing spring on you, ready or not. I am watching the ducks waddling around the parking lot, finding their nesting place for this year and I realize, some things don't change here at Cross Road. It could be the flowers blooming or the grass quickly turning green. The Bradford pear trees are in full bloom and no denying spring is here. It is God's sign to us of new growth and new beginnings. We will soon see baby ducks scurrying around and baby birds in nests. I look forward to the new beginnings I will have here at Cross Road and the changes that it brings to me. I say come on spring and I hope we all see our change of season, with the upcoming year!



Randy Tedder
Executive Director

Meet our New Human Resources Director

Hello, my name is Alycia N. Massey; I am the new Human Resources Director here at Cross Road Retirement Community and I would like to introduce myself to everyone. I am thrilled to be starting a new chapter in my life by being here at Cross Road. I have a Bachelor's degree in Business Administration with a concentration in Management. I have been in Human Resources for the past eleven years. I started out in the construction industry and moved to senior living and found that this is where I want to be. I have worked at WhiteStone: Masonic & Eastern Star Community and Randolph Senior Adults Association, Inc before coming to Cross Road. However, I am no stranger to this community since my grandparents, Jim & Jurlene Pace lived here in the Apartments and the Assisted Living Main Center.

I live here in Asheboro, just about 8 miles from the Cross Road entrance. I have been married to my loving husband for the past 29 years and we have four beautiful children, Christa – 35, Brad – 32, Phillip – 28, and Andrew – 23. Along with our children we have one son-in-law, Kevin and one daughter-in-law, Savanna, we also have six grandchildren, Danielle – 17, Kenneth – 8, Brayden – 7, Harper – 2, Cayde – 1 and Grayson – 3 months. In my spare time I love to bowl, sing, visit the beach and play with my grandbabies. I love to meet new people, so if you get the chance stop by and say hello.



Employee of the Month

January	Heather Jones
February	Misty Hurley
March	Jennifer Burke



Welcome New Employees

Sierra Ocasio—Memory Care
 Lucy Chrisco—Memory Care
 Odalys Andrade—Dietary
 Caleb Fields—Dietary
 Shontavia Grandberry—Dietary
 Sharon Shaw—Housekeeping

Award Received...

Cross Road received the SHARP award again this year for excellence in safety. We are proud of our safety record and we are excited to fly the SHARP flag over our community for another year!



Welcome New Residents

Main and Memory Care Centers

Richard Hunt, Anne Lambert, Earline Cole, Betty Wood, Kenneth Patrick, Shelby Morris, Beatrice Pierce, Joe Callicutt, Lee Williams, Helen Lucus

Village Apartments

Rhonda & Hugh Wilson
 Virginia Russell
 Sarah Brady
 Barbara Martin

Village Residents

April

03 Gwen Poole
 03 Marion Asbill
 07 Evelyn Reeves
 14 Joyce Draughn
 17 Valerie French
 27 Mont Gilmore
 29 Gilbert Coltrane

May

02 Jennie Nolette
 04 Carrie Green
 09 Margaret Moon
 09 Donald Strother
 14 Kay Schimanski
 15 Lucille Duncan
 19 Carolyn Beane
 25 Ed Phillips
 30 Betty York

June

07 Sarah Brady
 10 Dorothy Lewis
 14 Helen McIntosh
 15 John Rentz
 23 Reva Smail
 30 Max Skinner

Main & Memory Care

April

06 Judy Godley
 08 Vida Long
 09 Caroline Livingston
 09 Jacksie Poe

May

03 Tula Schenck
 07 Annie Kern
 09 Lillie Watkins
 09 Dot Shoe
 11 Kaye Walker
 17 Margie Sink
 18 Dorothy Brower
 22 Bobbie Gibson
 27 Gladys Caldwell
 28 Dixie Hayes

June

10 Virgie Trogdon
 26 Bruce Smith
 28 William "Pops" Smith
 30 Joyce Surratt



Arthur Jamison
 Gary Jones
 Tommy Smith
 Hazel McCollum
 Clarence Harrelson
 Brad Brown
 Alvin Robinson
 Troy Felts
 Mary Ann Atkins



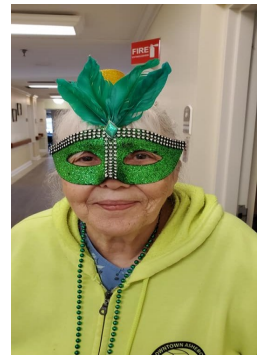
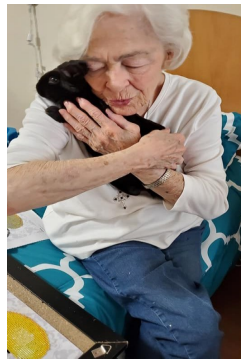
Main Center Activities

Our residents in the Main and Memory Care have been busy during these past winter months with crafts, games, parties, devotions, and music. Popcorn and ice cream continue to be favorite treats that always bring smiles. As you can see, it's the simple pleasures that can brighten our days here at Cross Road!

We also had an early surprise from the Easter Bunny this year who brought by some of his friends to visit. The residents and the rabbits, both, enjoyed the cuddles and snuggles tremendously!



Susanne Allen
Activity Director



Well, Hello Dollie...

We are so excited to welcome back our in-house beautician, Dollie Crider!

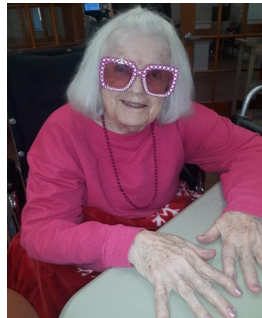
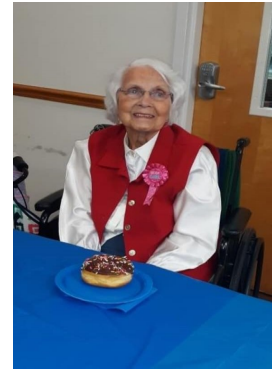
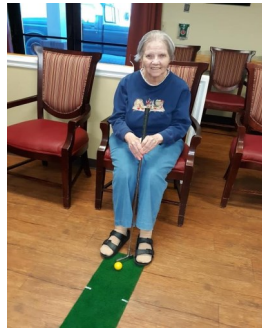
Dollie has a way of making our residents feel beautiful on the inside and outside!



Memory Care Activities



Darlene Richardson
Activity Assistant



There are two new features in our Memory Care...

We now have a new state-of-the-art whirlpool tub to make bathing our residents easier.

Also, a Memorial Wall was created to honor those who passed during the year 2020.

The Memory Care is a special place and these additions are defiantly an enhancement to its loving atmosphere!



Caregiver's Support Group

Questions? Call Bernie 336-629-7811



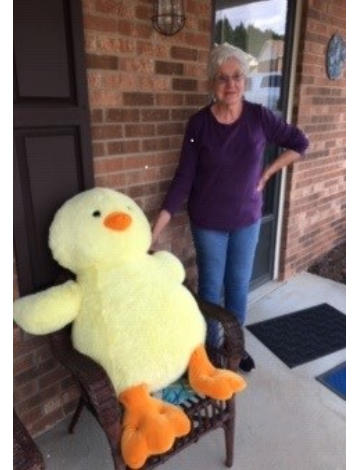
Independent Living Apartments Activities



Susanne Allen
Activity Director

For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish but have everlasting life. John 3:16

Happy Easter!



A Word From the Director of Village Services....



Betty Page

Spring is here and our campus is beautiful with blooming flowers and trees. The residents are busy planting in our raised garden beds, fishing and getting exercise by walking the trails. Our community is a wonderful place to call home!

In our Independent Apartments, we offer efficiency, one and two bedroom apartments, Lakeside Villas, and stand alone cottages. We are pet friendly!

If you would like information about adding your name to our Wait List, you can contact me at 336-318-1847 or email me at dvs@cross-road.org. Come join our growing community!

Admissions and Marketing for the Assisted Livings

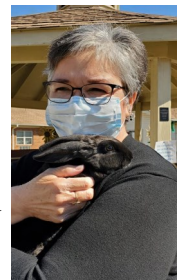


Karen Kidd

I don't think I have ever been so excited to welcome Spring as I am this year! It was a hard Winter (not the weather, but other circumstances) and Spring is like a promise that things are going to get better!

Things are getting better here at Cross Road where we are now able to admit new residents to our Assisted Living and Memory Care. We are excited to welcome these new folks to our family and hope their stay with us is a blessing for them and their families..

If you know of someone with questions concerning what we have to offer here at Cross Road Retirement Community, please ask them to call me at 336-610-1214 or email me at admissions@cross-road.org and I will be glad to assist them!





Bernie Raymond
Chaplain

A Thought From The Chaplain

Bouncing back from tragedy or defeat is our decision. We must look forward with the attitude: “I may have lost a battle, but I will win the war”. At times, we may feel as though we’re going up the down side in life. Someone might say, “What are you talking about?” Let me give you an example. Have you ever tried to go up a down escalator? You might take two steps forward and fall back four steps. It takes tremendous effort to make it to the top.

Well, sometimes that’s the way it is for believers. What should you do when you find yourself in that position? You will wear yourself out trying to go up the down side if you don’t trust in God’s Word. When everything is going wrong, one of the first things we do is question whether or not we’re in the will of God. But you know something, I have never seen the devil attack anyone who was out of the will of God. Why should he? The devil is not interested in stopping someone if that person is already out of the will of God.

So when I find myself in a test or trial with the devil sitting on my shoulder hollering, “You better check; you’re probably out of the will of God,” I tell him, “This trial is the best sign I have that I’m in the will of God.” I’m not saying that the problems are from God, because the devil is the one who causes problems for God’s people. God didn’t say that you wouldn’t have trials or tribulations, but He did say that He would bring you out on the other side with victory (Ps. 34:19)! So don’t start trying to figure out where you went wrong, because the devil would love to tell you where you missed it.

But the devil isn’t the only one who will tell you that you’re defeated. People will say, “You’re never going to make it. You shouldn’t have tried in the first place.” That’s why you need to renew your mind with the Word of God. When you know what the Word says, it won’t matter what the devil or anyone else says or does or what your senses tell you—nothing will deter you! You will keep standing on the Word, and God will see you through! When everything and everyone seems to be against you, remember that “...greater is He that is in you than he that is in the world” (1John 4:4). If the Greater One is living inside you, why are you listening to the devil? The Bible says that we are more than conquerors through Christ (Rom. 8:37). I want you to grab hold of that. We’re not just conquerors. We’re more than conquerors!

I’m not saying that you might not fail sometimes, but you’re not a failure until you quit. So when you feel like you’re going up the down side, put the Word of God to work in your life—keep standing on His promises—because it’s not your wisdom or strength that will cause you to rise up in victory; it’s God and His Word.



7th Annual Bucket List Golf Tournament

The 7th Annual Bucket List Golf Tournament will take place on May 27th at the Pinewood Country Club in Asheboro. The tournament is played to raise money for Cross Road’s “Dream Makers” program that fulfills dreams of seniors in the Cross Road Community. For more information or to sign-up, contact Joe Deaton or Gene Simpson at 336-629-7811.



➡ There will be a new schedule for the publishing of our Newsletter...The editions are: Winter—Jan., Feb., March, Spring—April, May, June, Summer—July, Aug., Sept. and Fall/Holiday—Oct., Nov., Dec.



1302 Old Cox Rd
Asheboro, NC 27205
336-629-7811

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Cross Road on the Web

Visit us at: WWW.cross-road.org

Ways You Can Help

If you would like to contribute or donate in honor or memory, please send your contribution to:
Cross Road Retirement Community
1302 Old Cox Rd
Asheboro, NC 27205
Attn: Finance Department

Please specify if you would like this to go to a specific area such as:

Dream Makers
Memory Care
Main Center
Tree of Life
Walk of Honor (name on brick \$100)
Pet Fund
Resident or Employee Benevolent Fund
Endowment Fund

Please remember, any contribution to CRRC is tax deductible.



Happy Spring